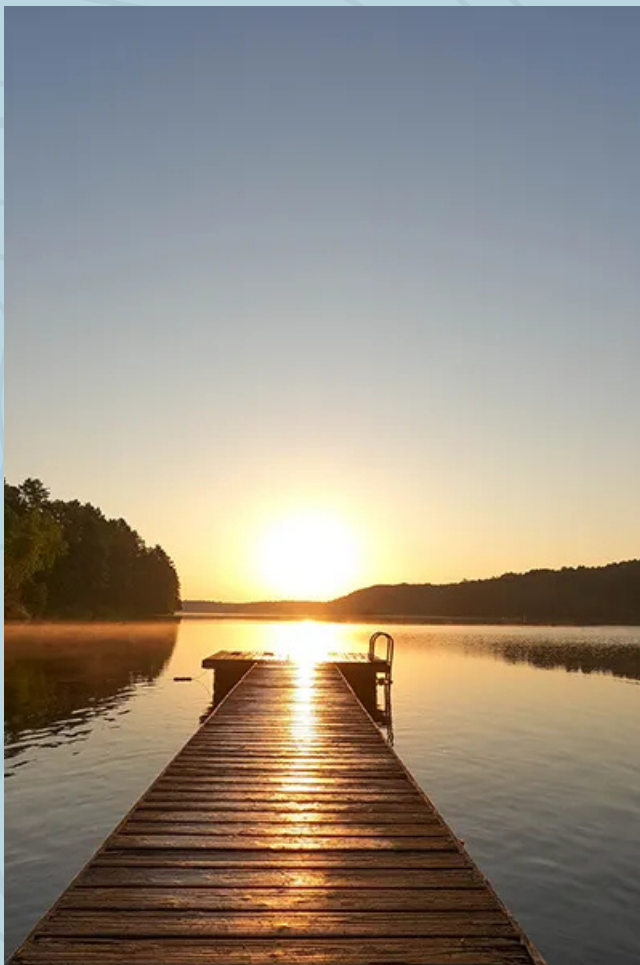




ROCK RIDGE- ELY, MN FAMILY WEEKENDS

LOCATION- 2851 CAMP EASTON RD, ELY, MN 55731



We're so excited to see you at Family Weekend up in Ely, MN!

Get ready for a weekend of laughs, adventure, and time to grow closer as a family and with Jesus! We're praying this time is refreshing and joy-filled for everyone.

Need to make changes to your group (adding or subtracting family members)? Call the camp office ASAP! If you're bringing a friend who's not part of your family, they'll need a signed waiver (grab it from the "Family Camp" section on our website).

Don't forget—balances need to be paid before you arrive. You can pay online, by mail, or by calling us.

Can't wait to see you at Rock Ridge!

The weekend kicks off Friday night!

SCHEDULE:

4:00 – 7:00 PM: Check-in (Address: 2851 Camp Easton Rd, Ely, MN 55731)

5:30 PM: Family-style supper will be served

7:30 PM: Opening session in Lakeview

We'll wrap up the weekend on Sunday around noon after chapel. No lunch will be served. If you're arriving after 7:00 PM on Friday, please call us at 218-504-5241 to make arrangements.



Housing & Open Recreation

HOUSING: Housing is assigned and given based on family sizes and needs. You will be assigned a private cabin for your family and will not share with another family unless requested.

OPEN RECREATION: All activities are included in your registration fee, there is no additional cost.

Archery

Crafts & Campfire Donuts

The Trading Post (Snack/Gift Shop)- Cash required

Zipline & a real Rock Climbing Wall

Water Access & Activities: Activity Pontoon with slide, Canoeing/Paddle Boarding, Fishing, Swimming, ect.



Dietary Restrictions

We do offer some food options for those with dietary restrictions. To view our dietary statement please go to our website www.shamineau.org. and proceed to the "Forms and Information" section. For specific questions email chad@shamineau.org.



Insurance Coverage

Camp Shamineau carries excess medical coverage. This means that any medical bill resulting from injury to a camper must first be submitted to the patient's health carrier. Illness treated at camp must be covered by the patient. Hospitals are available in Ely, Virginia, or Duluth for emergencies.

FIND OUT MORE

Typical Weekend Schedule

Friday

5:00 Check-In Begins
5:30 Family-Style Meal
7:30 Chapel in Lakeview
8:30 Snack

Saturday

8:00 Breakfast
8:30 Family Devotions
9:00 Ballfield Game
10:30 Open Recreation
12:30 Lunch

(Continued)

1:30 Canoeing Adventure
2:30 Open Recreation
5:30 Supper
6:30 Chapel in Lakeview
7:30 Evening Activities &
Night Games

Sunday

8:00 Breakfast
8:30 Family Devotions
9:00 Open Recreation
10:30 Outdoor Chapel
11:30 Head for Home!



Packing List

if you think you need additional items, bring them!

- Sleeping bag or bedding (Beds are twin sized) *NO BEDDING PROVIDED
- Flashlight
- Room items: fan, alarm clock, throw rug, mirror, lawn chairs, rope for hanging wet clothing (all optional)
- Casual clothing suitable for the weather
- Bible and notebook
- Money for the gift shop and snack shop
- Toiletry items
- Towels & washcloths
- 1 Piece swimsuit/modest tankini or swim trunks
- Fishing gear (optional) & fishing boats are welcome!

LOST AND FOUND –
we keep lost and
found articles for 2
weeks after the
event. Contact us
ASAP for retrieval.

WHAT NOT TO BRING:

- Firearms/weapons
- Fireworks
- Drones
- Alcohol
- Pets
- Motorized vehicles

Example Weekend Menu

We Serve family-style meals at Rock Ridge. Each table will be set for a specific number of people. Try to fit your family with others where possible. We will enjoy the community of mealtime all together! Once the meal begins with a prayer you will be able to grab serving dishes of food for your table! For drinks we serve Milk and Juice (Breakfast), Water and Lemonade (Lunch) and Milk and Water (Dinner) which will all be on your tables as well.

Friday Dinner

- Hamburgers & Hotdogs with buns
- Sliced cheese & veggie toppings
- Potato salad
- Watermelon
- Baked beans

Saturday Breakfast

- Pancakes (plain & blueberry)
- Bacon
- Butter & maple syrup
- Fresh cut fruit

Saturday Lunch

- Beef tacos with soft shells
- Shredded cheese, veggies & sour cream
- Refried beans
- Spanish rice
- Chips & salsa

Saturday Dinner

- Chinese chicken
- Fried rice & white rice
- Cream cheese wontons
- Egg rolls
- Soy sauce & sweet and sour sauce

Sunday Breakfast

- Breakfast sandwiches (English muffins or bagels)
- Sausage patties & bacon
- Eggs & cheese slices
- Fresh cut fruit